

Food for Life Sheffield

September 2019
– August 2025



Six years of successful partnership working in Sheffield.

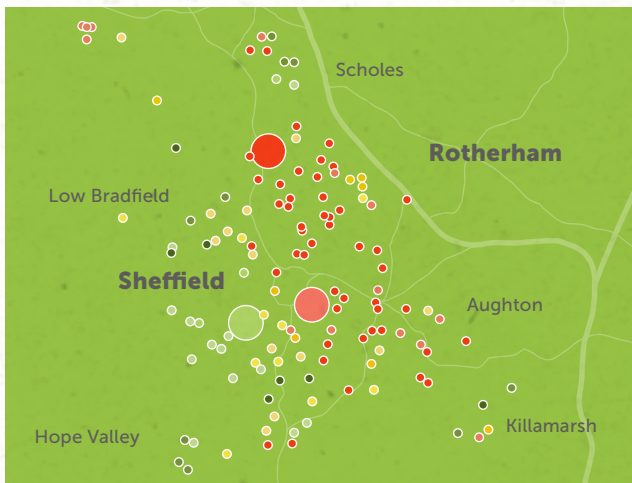
Food for Life has worked with Sheffield City Council and Learn Sheffield as part of the Eat Smart Sheffield programme. Together they have championed a whole school approach to food and nutrition, transforming food environments and normalising the consumption of healthy and sustainable food.

Six years of Food for Life School Awards:

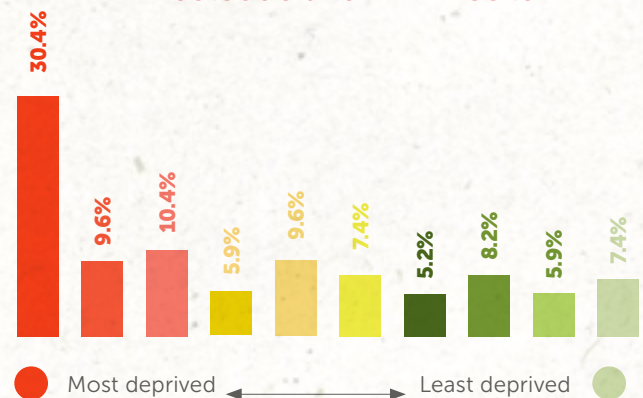
50,000+
children reached

133 schools enrolled
to the Food for Life
schools award programme
across Sheffield

Enrolled schools by area



All Enrolled
Postcode and IMD Decile



**Over 2,000
award
actions
completed**



49 schools have achieved
their **Bronze Award**



8 schools have achieved
their **Silver Award**



School staff have skills to support children to cook, grow, eat, and understand the benefits of healthy and sustainable food, enabling them to provide the best food education now and in the future.



200+

school staff have been on Food for Life training

“

Thank you! This course has given me lots of ideas that I wouldn't have thought of without.

Teacher who attended Food for Life training

”

Schools reach families to inform and include them in healthy and sustainable food activity, ensuring each child's learning is shared and reinforced at home



55

55 schools regularly include Food for Life activity in their newsletters to parents or make efforts to actively engage them in growing and cooking activities

“

It has created a healthy culture within school, getting everyone including parents, children, teachers and Senior Leadership all working towards a common goal.

Head Teacher

”

School timetables devote time to cooking, growing, and healthy and sustainable food topics across the curriculum, enabling children to understand the benefits and make informed choices



100+

Over 100 schools have received an Eat Smart Sheffield small grant to help fund Food for Life activity

“

Our curriculum has improved, and we have introduced outdoor classes. Students have benefitted from the increased activities and healthy eating from the vegetables grown.

Teacher

”



Decisions about food and food culture are supported by school leadership through policies implemented with pupils input to ensure long-term sustainable positive change

52 schools have a School Nutrition Action Group consisting of pupils, teaching staff, and catering staff to review food culture in their school and lead decision making

92% of all schools taking part in the programme have seen improvements to their food culture**

“

The culture around food and learning about food has changed. We have specific areas for children to grow and harvest food, and we have incorporated cooking and cooking skills into lessons wherever possible. **Teacher**

”

Partnership working has grown networks and encouraged local changemakers, spreading a good food movement across Sheffield

Over 100 students from Sheffield Hallam University have had placements in schools to help deliver Food for Life activity*

98% of schools would recommend Eat Smart Sheffield**

What next?

Sheffield City Council has confirmed funding for Eat Smart Sheffield for a further four years up until (at least) March 2029. This fantastic news allows the partnership with Food for Life to continue, with a focus on embedding whole school approaches to food and nutrition across the city.

Contact Details:

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 **eat smart**
SHEFFIELD



*Data collected by Eat Smart Sheffield
**Data collected from the Eat Smart survey 2024