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**PRIMARY SCHOOL**

**PARENT QUESTIONNAIRE**

**Q1. Does your child have school dinners?**

**Yes, every day *(go to Q3.)*  Yes, some days *(go to Q2.)*  Never *(go to Q10.)***

**Q2. On which days does your child have school dinners?**

**Monday Tuesday Wednesday Thursday Friday**

**    **

**Q3. How would you rate school dinners in terms of the following:**

**Very Good Good Fair Poor Very Poor**

**Value for Money     **

**Quality of Food     **

**Variety of Food     **

**Feedback from your child     **

**Q4. Do you believe the portion sizes are:**

**Much too big Slightly too big About Right Slightly too small Much too small**

**    **

**Q5. Since becoming a parent / carer, have you ever tried a school dinner?**

** Yes, and would like to again**

** Yes, but wouldn’t want to again**

** No, but would like to**

** No, and wouldn’t want to**

**Q6. Do you know where you could find a copy of the school dinner menu?**

**Yes  No **

**Q7. How often do you look at the school dinner menu?**

**Daily Weekly Half-Termly Termly Less Often Never**

**     **

**Q8. Are your children entitled to Free School Meals?**

**Yes  *(go to Q9.)***

**No  *(go to Q14.)***

**Not sure  *(go to Q14.)***

**Q9. Do your children have the Free School Meals they are entitled to? *(then go to Q14.)***

**Yes **

**Sometimes **

**No  If not, why not?­­­­­­­­­­­­­­­­­­­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Q10. Why does your child have packed lunches?**

** I prefer to provide food that I know my child will definitely eat**

** I can provide healthier food than what is provided by school**

** My child doesn’t like school dinners**

**My child wants a packed lunch so they can sit with their friends**



**School meals are too expensive**



** Other *(please write in)* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Q11. Approximately how much do you spend on packed lunches each week?**

**<£4 £5 - £9 £10 - £14 £15 - £19 £20 or more Not Sure**

**     **

**Q12. Would information on providing healthy balanced packed lunches be helpful to you?**

**Yes  No **

**Q13. Is there anything that could be done that would prompt you to change from packed lunches to school dinners?**

**Yes  Please specify\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**No** 

**Q14. Have you any suggestions on how we could make school dinners better?**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Q15. How interested are you in cooking? *(please circle)***

**Extremely Interested Not At All Interested**

**5 4 3 2 1**

**Q16. How confident are you about cooking? *(please circle)***

**Extremely Confident Not At All Confident**

**5 4 3 2 1**

**Q17. In an average week, how often do you cook from scratch?**

**Everyday Most days A couple of days One day Never**

**    **

**Q18. How actively do you encourage your child to eat a healthy balanced diet, including their 5 portions of fruit & vegetables each day? *(please circle)***

**Actively Encourage Actively Discourage**

**5 4 3 2 1**

**Q19. How successful are you in getting your child to eat a healthy balanced diet, including their 5 portions of fruit & vegetables each day? *(please circle)***

**Very Successful Not At All Successful**

**5 4 3 2 1**

**Q20. Overall, would you say you and your family eat a healthy balanced diet?**

**Always Most Days Sometimes Rarely Never**

**    **

**Q21. Is there anything else you would like to say about school food?**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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**THANK YOU!**